

Webster City  
First State Bank  
Saturday, July 2, 2022



**EVENTS:**

5 Kilometer Road Race-Walk - 8:00 a.m.  
Kids Fun Run (age 9 & under) - 9:00 a.m.  
Distance depends on age

**RUNNERS RECEIVE:**

- Race t-shirt
- Post race refreshments

**RACE PACKETS:**

At race site on race day from  
6:30 a.m. until 7:45 a.m. 1100 Seneca St.

**FOR INFORMATION:**

Email Dee at brown\_dee@iowacentral.edu  
or call us at 515-835-8864

**COURSE:**

Race starts and finishes at Twin Parks, 1100  
Seneca Street. The course consists of routes on

paved roads and park trails. Course is basically  
flat with one small hill, one water stop.

**DIVISIONS: Men's and Women's**

11 & under	20-29	50-59
12-14	30-39	60-69
15-19	40-49	70 & over

**AWARDS:**

Trophies will be awarded to overall men's and  
women's race winner as well as the overall  
master's (40+) men's and women's winners. Top  
three in each age group will receive medals. Door  
prizes will also be awarded.

**RACE RESULTS will be posted at:**

***www.rymoe.com/firecracker5k***

**ENTRY FORM FOR THE FIRECRACKER 5K -**

Saturday, July 2, 2022, Webster City, Iowa

Entry fee is non-refundable. Do not mail entries after June 26th.

Name \_\_\_\_\_  
First name Last Name

Address \_\_\_\_\_  
Street City State ZIP Code

AGE on Race Day \_\_\_\_\_  MALE  
 FEMALE Phone \_\_\_\_\_

**"Register before June 16<sup>th</sup> to guarantee t-shirt"**

- Before June 16<sup>th</sup>:  \$15.00 - without t-shirt  
 \$20.00 - with t-shirt  
After June 16<sup>th</sup>:  \$20.00 - t-shirt not guaranteed  
 \$15.00 - Kids Fun Run w/t-shirt  
 FREE - Kids Fun Run - no shirt

T-SHIRT SIZE		
Kids: <input type="radio"/> S	Adults: <input type="radio"/> S	<input type="radio"/> XL
<input type="radio"/> M	<input type="radio"/> M	<input type="radio"/> 2XL (add \$2)
<input type="radio"/> L	<input type="radio"/> L	<input type="radio"/> 3XL (add \$3)

Make check payable to: **Iowa Central Community  
College Cross Country**

Mail to: Iowa Central Community College  
C/O Dee Brown, Firecracker 5k  
One Triton Circle  
Fort Dodge, IA 50501

In consideration of acceptance of this entry, I waive and release Iowa  
Central Community College, supporting organizations, sponsors,  
contributors, race officials and volunteers from liability for any injury or  
accident I may suffer during the course of this event.

Date \_\_\_\_\_ Signature \_\_\_\_\_

if participant is under 18, parent or guardian must also sign

Iowa Central Community College  
 c/o Dee Brown, Firecracker 5K  
 One Triton Circle  
 Fort Dodge, IA 50501



## FIRECRACKER 5K ROAD RACE RECORDS

### Overall Records

2009 Eric MacTaggart, Iowa City..... 15:04  
 2008 Lisa Koll, Fort Dodge..... 16:41

### 11 & Under

2006 Ben Mossman, Webster City..... 20:36  
 2009 Paige Deardorff, Grudy Center..... 23:16

### 12-14

2006 Ryan McMahon, Algona..... 17:39  
 2008 Zoe Johanns, Grundy Center..... 19:29

### 15-19

1995 Kyle Kepler, Webster City..... 15:07  
 2006 Lisa Koll, Fort Dodge..... 17:24

### 20-29

2009 Eric MacTaggart, Iowa City..... 15:04  
 2008 Lisa Koll, Fort Dodge..... 16:41

### 30-39

2013 Keith Solverson, Fort Dodge..... 15:08  
 2004 Tammy Slusser, Monroeville, PA..... 18:09

### 40-49

2005 Scott Steinmaus, San Luis Obispo, CA..... 17:14  
 2005 Nancy Steinmaus, San Luis Obispo, CA... 19:37

### 50-59

2019 Lance Bergeson, Ankeny..... 18:33  
 2011 Patty Croonquist, Fort Dodge..... 21:57

### 60-69

2004 Paul Gryte, Ames..... 19:31  
 2017 Andriette Wickstrom, Storm Lake..... 22:18

### 70 & Over

2004 Alvin Ravenscroft, Ames..... 22:48  
 2011 Ginny Fletchal, Ames..... 30:12

